

Open International Buddhako Tournament 2019 – Rules of the Tournament

Rules

1) GENERAL INFORMATION

- Place :
 - Complexe sportif – Rue de la gite, 85470 Bretignolles sur Mer (FRANCE)
- Minimum age of participation: 18 years
- Protections: groin,(cups for women)
- After the first round bandages are allowed
- Men elite category :
 - – 65 kg
 - – 75 kg
 - – 85 kg
 - + 85 kg.
- Veterans elite category (+40 ans) :
 - Open weight

2) DIMENSIONS OF THE FIGHT AREA

- The fight area is a tatami of 8 meters on 8 meters

3) ARBITRATION

- The arbitration consists of 4 corner referees and a central referee

4) DURATION OF THE FIGHTS

- 1st round: 3 minutes
 - If there is a draw (HIKIWAKE) there will be a second round of 2 minutes.
- 2nd round: 2 minutes
 - If there is a second draw (HIKIWAKE), there will be a weight test.
 - If there is a difference of 5kg or more, the lighter fighter wins.
 - If there is not enough difference of weight there will be one last round of 3 minutes
- 3rd round: 3 minutes
 - After what the judges have to take a decision.

5) ALLOWED TECHNIQUES

- Kicks the head, the body and legs.
- Knees to the head, the body and legs.
- Clinching.
- Punches and trikes to the body and the legs with fist, elbow and open hand
- Grabbing the opponent's dogi with one hand during 3 seconds
- Sweeping and throwing

6) FORBIDDEN TECHNIQUES

- Punching to the head with fist, open hand or any part of the arm headbutting.
- Kicks to the groin.
- Punching or kicking in the back of the opponent.
- Strike the opponent when he's laying down pushing the opponent repeatedly walk out of the fighting area behaving unsportly

7) OFFICIAL WARNINGS

- **1st warning:** (chui ichi)
- **2nd warning:** (chui ni genten ichi)
- **3rd warning:** (genten ichi chui ichi)
- **4th warning:** (genten ni ,shikaku) disqualification)

8) POINT SYSTEM

A fighter wins by knock out, knock down or on points

A) Half point (waza ari)

- When the opponent goes down for less than 5 seconds

B) Full point (ippon)

- When the opponent goes down for more than 5 seconds two half points(waza ari) becomes full point(ippon)

C) Win by decision

- Supported by 3 of the 5 referees.